Print this guide double sided and bind it for a booklet feel.
Letter from the President,

First, let me congratulate you for pursing your Lean Six Sigma Green Belt certification and welcome to the American Association for Lean Six Sigma Certification (AALSSC). Obtaining a Lean Six Sigma certification is one of the most rewarding and valuable professional accomplishments. You will feel an increase in self-confidence, more capable when leading people and problem solving abilities well above your peers. The professional opportunities for a Lean Six Sigma Black Belt are vast and across all industries. This is an exciting time for Lean Six Sigma professionals and I welcome you to the community.

The amount of knowledge required for an AALSSC certification is extensive, but not overwhelming. You can do it! The core tenants of AALSSC are relevant and attainable certifications. By focusing on relevance it drives us to remove some areas of study deemed not relevant enough – making the exam more attainable. As a certified Lean Six Sigma Black Belt you will be expected to effectively facilitate strategic planning sessions, lead change management efforts, and mentor Green Belts. The exam tests your knowledge, skills and abilities across these focus areas.

This is your study guide, treat it as such. Write your name on it, complete it using your words and follow the concepts outlined. By writing you will retain the information and make this study guide a useful part of your reference library. Plus, this study guide can be used when taking an AALSSC Green Belt certification exam.

Good luck and welcome to AALSSC – your road to success.

Reminder: Black Belts are expected to have complete knowledge of the all Green Belt topics in addition to the Black Belt knowledge areas.

Erik Christensen
Mr. Erik Christensen
AALSSC President
Overview

Quality and competitiveness

ISO 9000, Baldrige National Quality Award and other quality awards

Organizational structure and role of the Black Belt

Business performance and Financial measures

Customer loyalty

Foundations of Lean Six Sigma

Total quality management

Statistical process control

Strategic Planning

Traditional planning process

Hoshin Kanri

Balanced scorecard

Additional methods

Benchmarking

Systems thinking

Theory of constrains

Project management and critical chain project management

Additional Lean Six Sigma methods

Total productive maintenance

Kanban

Quality Function Deployment

Design for Six Sigma

7 quality tools

Enterprise value stream mapping

Kotter’s 8 stages of change
Quality and Competitiveness

**Concept:** Competition is global and requires companies to actively improve processes.

What is current business environment? What is total quality and how is it defined? What are all the cost stemming from poor quality?

**My Notes:**

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Concept: Governments and organizations try to facilitate high quality products and waste reduction by using organizational certifications and awards.

Research and describe ISO 9000, Malcolm Baldrige and other quality focused programs.

My notes:
Organizational structure and role of the Black Belt

**Concept:** For a successful Lean Six Sigma transformation the organization must be organized correctly with defined roles and responsibilities.

What does the basic Lean Six Sigma organizational structure look like? What are the various roles of a Lean Six Sigma organization and what responsibilities does each have? What qualities should a Black Belt possess? What are common organizational roadblocks to Lean Six Sigma implementation?

**My notes:**

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Concept: The most relevant, useful, and valuable Lean Six Sigma certifications are Green, Black and Master Black. All other certifications have diminished return on investment and therefore not offered by AALSSC.

- **Green Belt**: Leading tactical level projects/kaizen events at the front line
- **Black Belt**: Leading strategic level projects/kaizen events and facilitating strategic planning sessions
- **MBB (Master Black Belt)**: Experienced Black Belt with ability to lead organization through an entire transformation

My notes:
Concept: Key Performance Indicators are quantifiable measures tied to organizational success. Research and describe KPIs. What are common KPIs found in organizations today? Research and be able to calculate Defects per unit (DPU), Defects per million opportunities (DPMO), First time yield (FTY), and Rolled throughput yield (RTY).

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Customer loyalty

Concept: Customers are viewed as long term assets; therefore, customer retention is a critical success factor.

Research and describe the six customer loyalty components and the five categories of customers.

My notes:
Financial Measures

Concept: Lean Six Sigma efforts must translate into a financial benefit for most companies.

Research revenue, profit, market share and be able to calculate revenue growth, market share growth, and profit margin. Research cost/benefit analysis - including tangible, intangible, quantifiable and unquantifiable benefits and obvious and hidden costs.

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Financial Measure practice area

Data

Calculations

Results
Total Quality Management (TQM) and Statistical Process Control (SPC)

**Concept:** TQM is the foundation of Lean Six Sigma and Black Belts should know exactly what it is and the 14 principles.

Research TQM and be able to identify its core beliefs, the 94% rule and 14 principles. Research and define SPC, variation and be able to develop a control chart by calculation sigma, UCL and LCL. Research and be able to identify the different types of control charts especially the X-bar and R charts. What are the rules for trends when analyzing control charts?

**My notes:**

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Control Chart practice area

Data

Calculations

Control Chart development
Strategic Planning

Concept: Organizations use strategy to achieve goals using limited resources. Strategic planning is the process of defining the strategy and making decisions on allocating resources to pursue the strategy.

Research and explain “Game theory”

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Research and explain dominant strategy and how it effects the organization. What is the difference between shared and separate goals?

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Strategic Planning Process – Traditional

Concept: To develop a strategic plan requires following a process.

Research and explain each aspect of a traditional strategic planning process. Include SWOT analysis, core competencies, vision statement, mission statement, guiding principles, broad strategic objectives and action plans.

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Strategic Planning Process – Lean

**Concept:** Hoshin Kanri is a policy deployment process that seeks to align company goals with plans of managers and work performed by employees.

Research and define Hoshin Kanri. What is the 7 step planning cycle? Describe each step in detail. Describe and be able to read an X-Matrix. What does the term “catchball” mean when completing a hoshin planning process?

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Strategic Planning Process – Balanced Scorecard

Concept: View the organization from four perspectives.

Research and understand the balanced scorecard approach. Fully understand each perspective and have examples of each.

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Benchmarking

**Concept:** Identify effective business practices, efficient operations and innovative strategies by analyzing other organizations.

Research and describe the types of benchmarking. Identify the benefits of benchmarking. Understand a Gap analysis and how it is used in benchmarking.

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Systems Thinking

**Concept:** To understand the complexity of interdependent processes and guide decision making for long term success.

Research and understand the five disciplines of a learning organization. Define systems thinking, mental models, ladder of inference and the communication continuum. Describe the difference between events, patterns, and structures. What are behavior over time (BoT) graphs and how are they used?

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[Diagram showing the five disciplines of a learning organization: Personal Mastery, Shared Vision, Mental Models, Team Learning, Systems Thinking]
Theory of Constraints (TOC)

**Concept:** Decide what to change by focusing on throughput and bottlenecks.

Read the book or watch the movie “The goal”. Research and understand what TOC is, describe the four plant types, and explain the five focusing steps. What is throughput accounting? What are the drum, buffer, and rope as applied to TOC? List the types of constraints?

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Project management

**Concept:** To complete organizational projects there must be a management process in place.

Define project management. Recognize the difference between project, program and portfolio. What are common tools of project managers? What is a Gantt chart? What are the triple constraints of project managers? What is the critical path? Be able to calculate critical path, forward pass and backwards pass?

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Critical Chain Project Management (CCPM)

**Concept:** Projects compete for resources within the organization; therefore, delaying completing of all projects.

Research and describe CCPM. What are common causes for project overruns? What is the student syndrome? What is Parkinson’s law?

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Culture of Quality

Concept: Developing or strengthen a culture of quality is a key to sustainment actions.

What is the difference of a traditional business culture and a culture focused on quality? How can a culture of quality be developed?

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Total Productive Maintenance (TPM)

**Concept:** Prevent disruptions to flow of operations due to machine break downs.

Research all aspects of TPM – define and describe. What are the six big losses of TPM? What is autonomous maintenance and what are the steps to achieve it? Research what is OEE is and be able to calculate it. What is world class OEE? What is the bathtub curve?

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OEE practice area

Data

Calculations

OEE
Kanban Systems

Concept: Signaling systems needed to create pull.

Research and define/describe what a Kanban system is? What are examples of Kanban systems? What is a Kanban board and how do you create it? What is FIFO? What is a water strider?

My notes:
Quality Function Deployment (QFD)

**Concept:** Match customer preferences against engineering characteristics

Research and describe QFD. What is a house of quality (HOQ) and how is it developed?

*My notes:*
Data

**Concept:** Make decisions based on data and facts.

What are the types of data? What are some collection methods? What are some of the challenges or traps when analyzing data?

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Design for Six Sigma (DFSS)

Concept: Design new processes or products using Six Sigma to prevent defects.

Research and describe DFSS. What are the various “design for X” categories? What stage gate methods does DFSS use?

Notes:

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7 Quality tools

Concept: Most Lean Six Sigma professionals are successful using a handful of key tools.

Research and review all seven quality tools.

Notes:
Enterprise Value Stream Mapping (EVSM)

**Concept:** Identify high level value streams to prioritize efforts.

Research and gain a complete understanding of the steps and outcomes from an EVSM? What are various energy savings that should be considered when selecting a project?

**My notes:**

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Change Management at strategic level

Concept: For organizations to successfully change they must go through a process.

Research and describe Kotter’s eight stages of change. Describe stages and challenges of each. What are common reasons for employee resistance and failures? What is the difference between management and leadership?

My notes:
Past quality leaders

**Concept:** A Lean Six Sigma Black Belt should know the quality pioneers who came before them.

Research and understand the contributions of Dr. Joseph Juran, Jim Womack, Dr. Kaoru Ishikawa, Philip Crosby, Taichi Ohno, Dr. Walter Shewhart, Malcolm Baldrige, Shigeo Shingo, Dr. Armand Feigenbaum, Dr. Michael Hammer, and Dr. W. Edwards Deming.

**My notes:**

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The American Association for Lean Six Sigma Certification

Your road to success!

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